



# BE WELL BUS

The Be Well Bus is journeying across Ipswich and east Suffolk offering health and wellbeing support to everyone



## JOIN US IN DEBENHAM

**When:** Wednesday, 20<sup>th</sup> March 2024

**Time:** 10am to 2pm

**Venue:** 51 High Steet, Debenham, IP14, 6QN

### Wednesday

#### Who will be on the bus?

Mid Suffolk Leisure Centre

Citizens Advice West Suffolk & ESNEFT - East Suffolk and North Essex Foundation Trust

Mid Suffolk Council

#### How can we help you?

Activity & Wellbeing

Long COVID

Councilor Surgery

# Debenham

